

COLLEGE DIABETES WEEK

Tips for CDW Events!



INSTAGRAM TAKEOVER

Partner with your Health & Wellness or Student Affairs office to takeover their Instagram account for a day.

- Post stories about what it's like to be a college student with diabetes, T1D 101, answer questions from followers, and share your story!



TRIVIA

Host a trivia night on campus and invite the wider community to participate. In between rounds of trivia, teach attendees about diabetes, and have the last round be diabetes trivia! (To make it a fundraiser charge a fee to play!)

Shoutout to East Carolina University for the idea!

FUNDRAISERS

Host a fundraiser for CDN! Giving back is a way to ensure that we can continue to support young adults with diabetes like you! Find more CDN fundraising info [HERE!](#)

1. Share our customized [CDN fundraising bingo cards](#) on IG or Facebook.
2. Facebook Fundraiser- So easy! Sample prompt: Tell a personal story about how CDN has changed your college experience. Post about what it means to you to have a CDN Chapter on your campus.
3. Guess my Blood Sugar/Guess the Carb Count game! Set up a table and have passersby guess the carb count of food or your blood sugar, and if they get it wrong they donate 1-5 dollars.

TABLING EVENTS

1. **Cookie Decorating Contest**- Get cookies and decorating supplies from your dining hall. Students walking by can decorate a cookie, share it on their IG, and tag your CDN Chapter. Talk about diabetes while they're decorating! Share all of the photos on your story, and have students vote on their favorite. Winner gets bragging rights!

2. **Sweets & Stigma** - Buy a few packs of lollipops (or the candy of your choice) and tape diabetes facts to the back. Pass them out and start conversations about diabetes (and stigma) on your campus!

Shoutout to George Mason University for the idea!

3. **Write on a white board** "I support students with diabetes because..." or "I learned _____ about diabetes today..." and let students walking by fill in the rest! Take photos and share on social media.

GRANTS

If you need additional funds to make your dream event a reality, apply for a CDN grant [HERE!](#)