STUDENTS I promise to...
✓ Wear a medical alert ID.
✓ Find support on my campus.
✓ Register with Disabilities Services.
✓ Keep low supplies on hand, always.

CAREGIVERS As long as you promise to...
✓ Not ask what my blood sugar is unless I bring it up.
✓ Let me be the one to tell other people about diabetes.
✓ Send me care packages and/or help pay for extra supplies.
✓ Not overreact or get mad at me when I tell you the truth.

MORE IDEAS
When will you check-in? How often?
How often will you discuss your blood sugar?
What can be said? Who will bring it up?