

FAMILY COMMUNICATION AGREEMENT

Students want their loved ones to get off their back about their diabetes.

Caregivers and loved ones, you're worried about how your child is going to manage their diabetes while away at school.

You can refer to this as a guide to create your own college communication agreement so that everyone feels comfortable with the transition.





CAREGIVERS I promise to...

- ✓ not ask what your blood sugar is unless you bring it up
- ✓ let you be the one to tell other people about diabetes
- ✓ send you care packages and/or help pay for extra supplies
- ✓ Not overreact or get mad when you tell me the truth



STUDENTS as long as you promise to...

- ✓ wear a medical alert ID
- ✓ find support on my campus
- ✓ register with Disabilities Services
- ✓ keep low supplies on hand, always

MORE IDEAS

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- When will you check-in? How often?
 - How often will you discuss their blood sugar?
 - What can be said? Who will bring it up?
 - Who will be responsible for scheduling appointments?
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